



ANGLO CANADIAN OIL CORP. PROVIDES OPERATIONS UPDATE

September 8, 2010 - Anglo Canadian Oil Corp. ("Anglo" or the "Corporation") is pleased to announce that a multistage frac on the "Nordegg Member" ("Nordegg") has been successfully performed as planned on the Shane 7-11 well.

Approximately 600m of the 1240m horizontal leg was fractured in 6 stages. Swabbing operations are ongoing, and it may take up to 2 weeks or more before initial production numbers are known.

Rigorous analysis of core samples and logs coupled with petrophysical analysis has provided Anglo management with considerable insight into the potential productive capabilities of the Nordegg. Petrographic analysis of a major constituent rock type of the Nordegg shows low amounts of ductile clay minerals and abundance of brittle calcite, which management believes will respond well to a fracture stimulation.

Anglo holds a 100% working interest in 269 sections (172,000 acres) of potential oil bearing Nordegg lands in West Central Alberta with a total estimated un-risked resource of 6.47 billion barrels of discovered petroleum initially-in-place. See the AJM Petroleum Consultants report at www.anglocanadianoil.com and Anglo's press release of July 20, 2010 for discussion of defined terms and disclaimers.

Anglo is a Calgary, Alberta based corporation engaged in the exploration, development and production of petroleum and natural gas. Anglo's common shares are listed on the TSX Venture Exchange under the trading symbol "ACG".

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